

SYL "STEAM-based" Teachers' Package

ThinkYoung







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LIS R SSI SCICA HECHARA DI PENDI CANDO

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Introduction

Generation Z, growing up with pervasive technology, has a strong entrepreneurial spirit, with many aspiring to start their own businesses. This generation comprises students between the 7th and 9th grades, typically aged 12-15. Generation Z (born roughly between 1997 and 2012) is the first generation to have widespread access to the Internet at an early age, high potential of dealing with new technologies and therefore more exigent and motivated to go for the mentioned careers.



The European footwear industry, with a focus

on quality, flexibility, and technology, seeks to attract young talent to rejuvenate its workforce, as many in the older generation are nearing retirement. This industry, like others in Europe, is embracing Industry 4.0 (i4.0) and offering STEAM-based opportunities for young people.

The "SHOES (CHOOSE) YOUR LIFE - SYL" project targets Generation Z, aiming to inspire them to consider industry-based careers in the digital and intelligent sector. The project focuses on involving teachers and students in early education, transforming teachers into ambassadors of i4.0 in schools, and promoting new approaches to teaching.

The second project results – R2 – with the same name of this documents – SYL "STEAMbased" Teachers' Package consists in a Methodology verted into a guide dedicated to teachers to apply the STEAM-based educational package in all its components, to





support them to use all its developed resources and to adapt themselves to the new educational methods namely virtual reality immersive contents apps, and combine them to elevate the potential of all the resources. It was completed with an interchange event between the teachers to fine tune the results, within a LTTA which took place in Portugal.

This R2 is determinant to the preparation of teachers. Therefore, this R2 was extremely important for the fulfilment of the project objectives as it determined the success of the teaching delivery strategies and methods, the piloting integrated in the project (within the R3), and it influences the sustainability of the project results. This R2 is dedicated to the teachers from the schools involved in the project and/or other from the schools involved, other possible facilitators involved in the project during its implementation and afterwards.

This Result R2 comprehends the following elements:

- 1- Common methodology to support the application of the STEAM-based educational package. The methodology will support the application and use of the R1 resources and all possible ways of combining them in order to obtain the most of their advantages toward the final target group. The methodology is verted into a guidance on how to use all the project resources and take the most advantages of them.
- 2- An **international teaching/learning activity** to consolidate and mainstream the practices with teachers and validate the guide C1 To co-work with teachers from the project staff to fine tune the drafted guide and validate it within the correspondent schools.

The goal of R2 is to define, to perform and to evaluate all necessary activities to prepare teachers to become facilitators of the educational package developed within the project and the other project resources, toward the end users, the students. This R2 is determinant to the preparation of intermediate users to support the piloting in each country, and any other action involving the SYP teaching material in the future and influences, the sustainability of the project results.



The ambition of the R2 is to promote the preparation of a new generation of teachers in innovative models of training including more interactive tools such as virtual reality.





Target group

The success of any educational initiative relies on the engagement and collaboration of various key stakeholders. In the context of this project, the target groups play pivotal roles in shaping the future of education and the integration of Industry 4.0 principles. The main target audiences to reach are:"



Generation Z Students: This group comprises students aged between 12 and 15, though the program's impact may extend to older age groups. As digital natives, they are uniquely positioned to embrace the transformative potential of Industry 4.0 technologies, making them a central focus of our efforts.

Teachers: Educators serve as the essential mediators and facilitators of the learning process. In this context, they not only impart knowledge but also act as ambassadors of Industry 4.0 within school environments. By empowering teachers, we ensure the sustainable integration of these technologies into the educational landscape. Teachers from schools, other educational organizations extract the following benefits from the project as:

- They are aware of the strategies, tools and methodologies of the SYL STEAMbased education package focused on digital, innovative and attractive, offering practical and digital immersive experiences related to i4.0, innovative employability and entrepreneurial skills to generation z, to implement toward their students;
- They develop skills on i4.0, innovative employability and entrepreneurial skills to generation Z;
- They assign new methodologies of teaching using digital strategies based on Virtual Reality (VR) in their own environment.





Schools, educational institutes, and other players in educational sector:

- They their teaching practices to ones more adapted and flexible to the new generation of youngsters, boosting the change of the paradigm in teaching/education on practical skills through immersive experiences. They can be part of the network and take advantages of the free STEAM-based educational package to attract youngsters to motivating careers, avoiding the drop out;
- They have inside competences for the delivering of teaching methodologies more digital and practical;
- They integrate a network for the STEAM-based digital education, contributing to new projects, be informed and updated regarding innovation in digital teaching/education;
- They can benefit from the methodology and guide for teachers on the best usage of the digital technologies in teaching specially targeted to generation Z youngsters.

Industry: The business sector, represented here, has a crucial role in rejuvenating human capital. Collaborating with education, industry stakeholders can provide real-world context and expertise, enriching the learning experiences of students and helping them develop relevant skills for the future.

This diverse range of stakeholders, united in their commitment to enhancing education and preparing students for the challenges of Industry 4.0, forms the core of our project's vision. Together, they work towards a shared goal of a more innovative and adaptive education system for the benefit of the upcoming generation and the workforce of tomorrow.





Project main aims

The expected contributions of the project, in line with its objectives, are as follows:

- To reduce the school dropout by orienting the generation Z students to potential opportunities in STEAM-based jobs, in sectors embracing i4.0.
- To develop innovative skills for employability and entrepreneurship in this generation Z according to their potential and ambitions.



- To develop the motivation for the embracing of STEAM-based jobs in parallel with the rejuvenation of the traditional industries, stimulating the youngsters through immersive experiences in the i4.0, and activate the attraction for the industry in Europe.
- To provide international interchange between teachers and students, acceleration a joint growth with Europe in backstage.
- To update teachers in the new digital education methodologies that can attract even more students to STEAM based qualifications, and afterwards to jobs in i4.0 industry.
- To disseminate different ways of teaching, based on hands-on activities combined with digital tool/practices such as virtual reality, promoting unforgettable immersive learning experiences for life.





 To accelerate the transference of tacit knowledge and skills in European industries from older workers to talented youngsters, perpetuating their heritage now supported by disruptive innovation.





The new learning strategies

The quick development of digital technologies continues to create new opportunities for education, specializing in dynamic means of content delivery supported on blended online learning approaches.

The traditional training teaching content very based on textbook knowledge, orally presented by the teacher, trainer toward attentive students, trainees, gave place to multimedia contents, static two-dimensional textbooks gave place to three-dimensional fourdimensional multimedia textbooks, which make the course material more vivid and enhance students' interest in learning and self-learning. In this way, the knowledge of books and static presentations are enriched and expanded, and students can learn more, faster, and better during the prescribed learning time.

Thanks to new technologies, students can change from passively accepting knowledge to actively learning knowledge, becoming more learning independents, creativity, innovative, self-learning, self-management, collaborative learners.

The new learners

There seems to be several characteristics that not only make newer generations of trainees and students different, but also make it necessary for educational institutions to reevaluate their models if they want to continue being appealing to young and talented students:

Students today are more heterogeneous. Disruptive innovations change the skills and competences required to stay competitive in the job market. Most students expect to switch careers several times before retirement and more and more people pass through several levels of formal education during their lifetime. The multiplicity of trainee and student profiles means a multitude of learning situations, which require institutions to respond to students' need for learning options that are more flexible and freer of limitations of place, duration, pace, or institution.





- A different attitude towards education 21st century students do not want to be regarded as generic students, but rather as individuals with their own personalities. They expect education institutions to offer programmes that are more fitted to their personal aspirations. Coupled with a more consumerist attitude towards education, they have clear ideas of what they want to learn, how they want to learn it and do not hesitate to voice their dissatisfaction if they feel they are not getting enough from their study course. Because the education market has become global and because student mobility has increased significantly in recent years, students have a wider range of education institutions to choose from and have become more selective.
- A different learning context One of the biggest disrupters in the world of education is of course technology. But technology does not only provide more possibilities to design study curricula: it also changes the context in which trainees and students learn. Because knowledge has become so readily available online, information on its own has lost value. Learning facts has become less relevant while being able to evaluate and apply information has become essential. This means that rather than being fed information, today's students are keen to discuss this information, look at it critically and try to find new ways to make use of it and apply it. Technology is also part of today's students' reality: they know how to use it sometimes better than their teachers, trainers and it has become part of the way they demonstrate knowledge and express themselves. Technology also disrupts the traditional image of the desk in the classroom by allowing students to learn anywhere, anytime.

Virtual and Augmented Reality

Extended reality (XR) - covers technologies that generate learning environments where the real and virtual world merge, such as:





- Augmented reality where it is possible to access information and digital objects in the real world through common tools that are easily accessible by the target audience, such as a smartphone;
- Virtual reality that offers immersive experiences in a completely digital world thanks to specific equipment such as headsets.

and

 Mixed reality that combines the first two offering the possibility of having access to real objects in a digital world.

Very promising in terms of receptivity on the part of the various target audiences, given the effectiveness and efficiency that it imprints on the learning process, making the training of the various audiences attractive, flexible, productive, advantageous in terms of cost/benefit, it is perhaps on young people that it could have a more surprising impact, promoting a more attentive and curious look at the footwear cluster and its multifaceted professions, contributing to the medium-long term strategic objective of the attraction of young people for the sector.

Bold innovations in technology, such as Virtual Reality (VR) and Augmented Reality (AR) gain increasing importance due to the exploitations of virtual learning infrastructures that promote flexible, open, and collaborative learning beyond time, personality, and place constraints within virtual classrooms of educational institutions all over the world. VR is basically a virtual simulated environment, similar to or completely different from the real world, with a computer that users can explore and interact with in an immersive way. In contrast to VR, AR adds virtual elements to existing reality without completely replacing it.

More recently, VR and AR has developed as an exclusive technology that can transform learning experiences across various disciplines and make it more attractive for the new generations of students. Research shows that VR and AR technologies are more





effective in attaining the educational goals and facilitates the knowledge construction by providing a unique and learner-centred experience that allows students to interact, at their own pace, with the virtual and real objects. For this reason, many industries are exploring AR and VR solutions for faster and more effective learning. At the same time, AR and VR technologies are becoming more and more available to the general consumer to enhance and interact with the world.

The use of VR and AR applications has been explored within a diversity of fields and disciplines, many of which are related to education.

At the present time VR and AR are used also for work-based training in manufacturing sectors. The personnel can be trained, informed and protected at all times without wasting additional resources using the right AR applications and devices. The potential of VR and AR systems in training and education have been confirmed in several studies and examples. The results of implementing these systems highlight as advantages: higher level of comprehension, enthusiasm and engagement from student side, higher confidence and satisfaction, improved ability to understand concepts, practice techniques, and minimize risk related to training.

Augmented Reality (AR)

Augmented reality bridges the gap between the virtual and the real world. Augmented reality environments allow users to see the real world with virtual computer-generated objects superimposed or merged with real surroundings. Digital content is therefore overlaid and mixed into our perceptions of the real world. It combines the real and the virtual, it is interactive in real time and it is registered in 3D. Research shows that Augmented Reality in education has the potential to engage and motivate students to explore class materials from different angles, to help teach subjects where students could not easily gain first-hand experience, to enhance collaboration between students and instructors as well as among students, to foster student creativity and imagination, to help students take control of their learning at their own pace and to create authentic learning environment suitable to various learning styles.



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The future of augmented reality market looks very bright. This technology is moving fast, and there are many innovative and exciting developments taking place. We do not stay out of this. In this course we start to implement some contents in this advanced learning technologies such as Augmented Reality (AR).

Augmented reality allows us to increase our ability to access knowledge. It is a technology that allows access to an invisible digital layer of information that is associated with objects and everything around us. Ultimately, in the future, we will all have smart glasses with which we will be able to access all the information available online about an object, space or person.

Augmented reality allows us to visualize and interact with the content in its context, that is, if one is in front of a machine, one will be able to see information about the machine, namely how it works, what are the steps to start the machine's operation.

When an employee who does not know the assembly line, can use mixed reality glasses to quickly learn their tasks and the sequence of operation.

With augmented reality, the manuals can have a digital layer of content, that is, on the sheets of paper there can be videos demonstrating the materials, 3D simulations or simply links to "more information" available online.

It can be said that augmented reality is the link between the real world and the digital world, which allows human beings to increase their ability to access information without this implying stopping what they are doing to touch a screen, not simply the information appears before the user's eyes.

Several examples of AR applications are presented at the following links:

The Cambridge Satchel:

https://www.cambridgesatchel.com/blogs/journal/csc-brings-the-doctors-bag-to-lifewith-augmented-reality, https://www.youtube.com/watch?v=86Ac7cCV8KA





STM:

https://www.techguide.com.au/news/stm-launches-augmented-reality-app-explorebags-like-never/

Louis Vuitton:

https://www.youtube.com/watch?v=MSuA27hw-QU&feature=youtu.be; https://www.instagram.com/tv/BxjdMBwFyDR/?utm_source=ig_embed

Gucci:

https://www.designboom.com/technology/gucci-wannaby-app-virtually-try-shoes-onusing-augmented-reality-06-26-2019/

Sayduck:

https://www.youtube.com/watch?v=xkmyaUPfp5Y&feature=youtu.be

Service and maintenance: <u>https://memoori.com/virtual-augmented-reality-smart-buildings/</u> <u>https://www.youtube.com/watch?v=nHfY56IHZjU</u>

Virtual Reality (VR)

Virtual Reality is a powerful technology that creates immersive, interactive digital environments, offering numerous applications across various fields. Its ability to simulate real-world experiences and provide unique interactive opportunities makes it a valuable tool for entertainment, education, training, and beyond. It uses computer technology to generate realistic images, sounds, and other sensations that simulate a user's physical presence in a virtual or imaginary environment.

Virtual Reality is indeed becoming a pivotal component of modern educational methods, offering immersive, engaging, and personalized learning experiences. By overcoming traditional barriers and providing innovative ways to visualize and interact with





content, VR holds the potential to revolutionize education for youngsters, preparing them for the complexities of the 21st century. However, careful consideration of challenges such as cost, content development, and teacher training is essential for its successful implementation.

Several examples of VR applications are presented at the following links:

VR Surgery Simulation: VR applications are used for surgical training and simulations, providing a risk-free environment for medical professionals to practice. https://ossovr.com/

Labster: VR simulations for science students to conduct experiments in a virtual lab. https://www.labster.com/

Google Expeditions: A VR app that allows teachers to take their students on virtual field trips around the world.

Google for Education - Online Resources for Teachers & Students

VRSafety: Focuses on VR safety training to improve workplace safety and reduce accidents.

https://www.vrsafety.com/

National Geographic VR: Offers immersive VR experiences of various travel destinations and natural wonders.

https://www.nationalgeographic.com/vr/

Google Earth VR: Allows users to explore the world from an entirely new perspective in VR.

Google Earth VR no Steam (steampowered.com)





Common methodology to support the integration of the STEAM-based educational package

In the STEAM-based Educational Package, a STEAM-based educational approach was drafted and furthermore developed, this mean that a specific philosophy, strategy to facilitate learning and teaching to comply with the Generation Z demands and facilitate their integration in industry was drafted. This took into consideration the commonalities between the 3 countries involved – Portugal, Italy and Romania – what relates to education, the specificities of the Generation Z - their unique characteristics, preferences, and the environment they are growing up in – and the new demands for employability and labour market from the industry side. A new approach to education has been drafted centred in the students.

Therefore, the new Student-Centred Approach:

- Emphasizes the student's active role in the learning process.
- Encourages collaboration, critical thinking, and problem-solving.
- Examples include project-based learning and inquiry-based learning.
- Adopt Experiential Learning, through constructive methods, where the students learning through experience and reflection, engage in hands-on activities and real-world problem-solving.

In the Results 2 – R2 – the objective is to design and envelope a **common methodology to support the application of the STEAM-based educational package**. The methodology supports the application and use of the R1 resources and all possible ways of combining them in order to obtain the most of their advantages toward the final target group. This document includes a guide on that methodology to support the application of the STEAM-based educational package, to guide the teachers on how to use all the project resources and take the most advantages of them.





The teachers' roles in the new Generation Z educational approach - A new generation of teachers in innovative models of training

The educational approach tailored to Generation Z, requires a significant shift in the roles and responsibilities of teachers who need to be multifaceted and dynamic, focusing on developing a broad range of skills that prepare students for the complexities of the modern world. A new generation of teachers trained through innovative models of training can significantly impact education by incorporating modern methodologies, technologies, and a learner-centred approach.

The new educational approach for Generation Z emphasizes not just traditional academic knowledge but also a range of skills necessary for the 21st century. This involves being not just educators but also mentors, innovators, and role models, guiding students through an ever-changing educational landscape.

The evolving educational landscape, particularly with the emergence of Generation Z (born roughly between 1997 and 2012), requires a significant shift in the roles and responsibilities of teachers. The new skills need framework for Generation Z emphasizes not just traditional academic knowledge but also a range of skills necessary for the 21st century. The role of teachers in the new skills needs framework for Generation Z is multifaceted and dynamic, focusing on developing a broad range of skills that prepare students for the complexities of the modern world. This involves being not just educators but also mentors, innovators, and role models, guiding students through an ever-changing educational landscape.

Here are the teachers' new key roles:

 Facilitators of Learning: to create active and engaging learning environments that encourage critical thinking and problem-solving. They need to understand the individual needs and learning styles of students to tailor instruction accordingly.





- Technology Integrators: teachers must incorporate digital tools and resources in their teaching, helping students develop digital literacy skills, should be proficient in educational technologies and platforms, using them to enhance learning experiences and foster collaboration.
- Mentors and Coaches: they need to provide emotional and academic support, helping students navigate both their personal and educational journeys, and facilitate soft skills development, fostering essential soft skills such as communication, teamwork, and adaptability.
- Curriculum Designers: they need to ne skilled on designing and implementing curricula that integrate STEM, critical thinking, and creativity, encouraging an interdisciplinary approach to learning, connecting different subject areas to realworld applications.
- Cultural and Global Awareness Promoters: they should be skilled on promoting an inclusive classroom environment that respects and celebrates diversity, preparing students to be globally competent, understanding and appreciating different cultures and perspectives.
- Assessment and Feedback Providers: they should be able to use a variety of assessment methods to measure student learning and progress and to provide timely and constructive feedback that helps students improve and succeed.
- Life-Long Learning Models: teachers nowadays need to know how to engage in ongoing professional development to stay current with educational trends and innovations, continuously reflecting on their teaching practices and seeking ways to improve.
- Collaborators with the Community: to engage with parents to support student learning, building partnerships with local businesses and organizations to provide students with real-world learning opportunities.





- Ethical and Moral Guides: to be the ethical decision-making and integrity model, instilling a sense of social responsibility and community involvement in students.
- Advocates for Student Well-being, recognizing and addressing mental health issues, promoting a healthy school-life balance, ensuring a safe and supportive learning environment for all students.

The unfolding role of VR in education

Virtual Reality (VR) is rapidly emerging as a transformative educational tool, often referred to as "**the new black**" in modern teaching methods, particularly for young learners. Here are several ways in which VR is revolutionizing education:

- Immersive Learning Experiences: VR provides highly engaging and interactive environments, capturing students' attention and increasing their motivation to learn.
- Experiential Learning: it allows students to experience and interact with content in a way that traditional methods cannot, enhancing understanding and retention of information.
- Enhanced Visualization and Understanding: VR can simplify complex concepts by allowing students to visualize and manipulate 3D models, making abstract ideas more concrete. Students can take virtual field trips to historical sites, scientific laboratories, or even outer space, providing a deeper understanding of subjects.
- Personalized Learning Paths: VR can be tailored to individual learning styles and paces, providing personalized learning experiences that cater to each





student's needs. Interactive VR environments can offer instant feedback, helping students learn from their mistakes in real-time.

- Collaboration and Social Interaction: VR enables students to collaborate in virtual environments, working together on projects and solving problems collectively, regardless of their physical location. It can also help develop social skills by simulating real-world interactions and scenarios.
- Safe Learning Environment: VR allows students to practice skills in a safe and controlled environment, particularly useful for fields like medicine, engineering, and emergency response. It can provide access to experiences and environments that may be otherwise inaccessible due to physical, financial, or geographical limitations.
- Innovative Assessments: VR can be used to assess students' skills and knowledge through performance-based tasks, providing a more comprehensive evaluation than traditional tests. The data collected from VR interactions can be used to gain insights into student learning patterns and progress, helping educators tailor instruction accordingly.
- Increased Accessibility: VR can make education more accessible for students with disabilities, offering customized learning experiences that cater to their specific needs. It breaks down geographical barriers, enabling students from different parts of the world to learn together in a shared virtual space.
- Teacher Training and Professional Development: VR can be used to train teachers, allowing them to practice classroom management and instructional strategies in a simulated environment. It provides opportunities for ongoing professional development, helping teachers stay updated with the latest educational practices and technologies.





VR also offers challenges and considerations at many levels:

- The high cost of VR equipment and the need for technical infrastructure can be barriers to widespread adoption.
- Developing high-quality educational content for VR requires significant time, expertise, and resources.
- Teachers need adequate training and support to effectively integrate VR into their teaching practices.

How to draft modular curricula to cope with the new educational approach where the Virtual Reality is the central tool of contents delivering?

Drafting a modular curriculum that integrates Virtual Reality (VR) as the central tool for content delivery requires careful planning and a structured approach. By following this structured approach, educators can create a dynamic, engaging, and effective curriculum that leverages the full potential of VR technology to enhance learning outcomes for Generation Z. Here's a step-by-step guide to creating such a curriculum:

1. Define Educational Goals and Objectives:

Identify Learning Outcomes: Clearly define what students should know and be able to do after completing each module. Align these outcomes with national or regional educational standards.

Skill Development: Focus on both academic content and essential skills such as critical thinking, problem-solving, and collaboration.

2. Analyse and Select Appropriate VR Content:

Content Relevance: Choose VR content that aligns with your learning outcomes and enhances the educational experience.

Quality and Accessibility: Ensure the VR content is high quality, age-appropriate, and accessible to all students.





3. Structure the Curriculum into Modules

Modular Design: Break down the curriculum into distinct, self-contained modules that can be taught independently or in sequence.

Thematic Units: Organize modules around themes or topics that integrate multiple subject areas, leveraging VR's capability to provide interdisciplinary learning experiences.

4. Develop Instructional Strategies

Blended Learning: Combine VR activities with traditional teaching methods, such as lectures, discussions, and hands-on activities.

Active Learning: Design VR activities that require active participation, critical thinking, and problem-solving.

5. Create Assessment Methods

Formative Assessments: Use quizzes, reflection journals, and interactive tasks within VR to monitor student progress.

Summative Assessments: Develop performance-based assessments that allow students to demonstrate their understanding through projects, presentations, or simulations within the VR environment.

6. Plan for Teacher Training and Support

Professional Development: Provide comprehensive training for teachers on using VR technology, integrating it into their teaching, and troubleshooting common issues. Continuous Support: Offer ongoing support through workshops, online resources, and a dedicated helpdesk.

7. Ensure Technical Infrastructure and Access

Equipment and Software: Secure the necessary VR hardware and software, ensuring compatibility and reliability.

Access and Equity: Address potential barriers to access by providing sufficient devices and ensuring that all students have equal opportunities to benefit from VR experiences.





8. Develop Supplementary Materials

Guides and Manuals: Create detailed guides and manuals for both teachers and students on how to use VR effectively.

Complementary Resources: Develop or curate additional resources such as worksheets, reading materials, and online activities that complement the VR content.

9. Pilot and Evaluate the Curriculum

Pilot Testing: Implement the curriculum on a small scale to gather feedback and make necessary adjustments.

Evaluation Metrics: Establish clear criteria for evaluating the effectiveness of the curriculum, including student engagement, learning outcomes, and teacher feedback.

10. Implement and Iterate

Full-Scale Implementation: Roll out the curriculum across the school or district, ensuring all stakeholders are informed and prepared.

Continuous Improvement: Regularly review and update the curriculum based on feedback, advancements in VR technology, and emerging educational research.

Aiming at preparing the "new generation teachers" to deal with the generation Z new skills framework and demands, an international teaching/learning activity was designed and developed to consolidate and mainstream the practices with teachers and validate the guide.





Virtual Reality App

The Virtual Reality App (VR App) includes challenges where the students can interact with machines and cooperate.

It aims to provide a immersive smart environment, to be used simultaneously with the pack of contents or eventually alone, focused on the feature of i4.0 as well as other subject that compose what the students need to be skilled about and most important to call their attention to the new industry and its new opportunities.

The challenges are connected with the topics developed in the educational KIT namely: chemistry, science lab, mechanics, 3d printing, sustainability, ICT computing, marketing and history and heritage.

An integral video is presented in the project website It can be download to the specific <u>Video demonstration of the SYL steam-based educational package result | Gallery (shoesyourlife.eu)</u>

How to access the App?

It's necessary to have "virtual reality Oculus Headset" which can be of many types.

It's mandatory to download the Oculus app from the App Store (iOS) or Google Play Store (Android):

- Log in to Your Account
- Open the app and log in with your Oculus account or create a new one if you don't have an account yet.
- Connect Your Oculus Headset
- Ensure your Oculus headset is turned on and nearby.
- In the app, go to "Devices" and select your headset to pair it with the app if it's not already paired.





Browse the Store:

- Tap on the Store icon at the bottom of the screen to browse available VR apps and games.
- Find ShoesYourLife App Search for the app to install. You can use the search bar or browse through categories.
- Once you find the app, tap on it to view its details.
- Tap "Get." as it is free.

Install the App:

 After selecting the app, tap "Install" or "Download." The app will be added to your library and begin downloading to your headset.

Using the Oculus Headset:

- Turn on Your Oculus Headset
- Make sure your headset is powered on and you are logged in.

Open the Oculus Store:

• From the home screen, select the Store icon to open the Oculus Store.

Tips

- Wi-Fi Connection: Ensure your Oculus headset is connected to a stable Wi-Fi network for downloading apps.
- Storage Space: Check that you have enough storage space available on your headset for new apps.
- Updates: Keep your Oculus software and apps updated for the best performance and new features.
- By following these steps, you can easily install and manage VR apps on your Oculus headset.

In annex the complete manual to access, download and install the VR App.





Enjoy your virtual reality experiences!





LTTA - International Learning/Teaching/Training activity for teachers



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International Learning/ Teaching/Training activity for teachers -LTTA

The preparation of a new generation of teachers in innovative models of training including more interactive tools such as virtual reality was concretized through a international train the teachers' activity/course.

A 3 working days training/learning activity targeted to teachers and partners' organization staff was designed, developed and tested as following.

This event aims at the preparation of teachers from the 3 schools involved to cope with the new challenge of using and exploiting the innovative teaching resources to be developed within the project to their students, correspondent to the project target-group.

The teachers (from the schools) together with staff from the other project partners (not schools) met in an training event of 3 working days in CTCP facilities in S. João da Madeira, Portugal, to be filled in the project results and products, filled in the i4.0, innovative employability and entrepreneurial skills contents, and prepared to the use of the new delivering methodology on teaching, oriented to generation z students such as the hands-on kits and the virtual reality apps. This activity aimed at improving the future use of the educational resources. The training activities were based on the methodology and correspondent guide for teachers, developed in R2. During the training event, the participants had the opportunity to comment on the methodology, the guide, providing suggestions for improvement.

This learning/training activity creates a stronger opportunity to:

pilot the results of R2 and R1 from the perspective of teachers;



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- balance knowledge on i4.0, employment and entrepreneurial skills for generation Z;
- validate outputs and provide feed-back for improvements;
- wide exchange of practices, enhancing the cooperation between all the participants involved. This activity allowed to achieve a wide exchange of practices between the teachers, to create and strengthen laces which contributes for the sustainability of the partnership during piloting phase and after the project ends;
- better appropriation of the project results from the part of the teachers, making them more at ease with new teaching solution and in a wider perspective with all the education set of resources developed within the project;
- to involve more staff in the validating of the outputs;
- to add a social and professional inclusion character to the project as it makes possible the involvement of teacher besides the project team.

The characterization of the activities is the following:

- Duration: 24 hours (8 hours per day) (equivalent to 3 ECTs)
- Venue: CTCP, S. João da Madeira, Portugal
- Trainers: CTCP, ByAR and TY (non-school partners)

Programme basis:

- Balance of knowledge on i4.0, employment and entrepreneurial skills for generation z – 4h
- Visit to a footwear company i4.0 4 hours
- Introduction to the SYL educational packages 4 Hours
- Real World Projects: immersive experience using hands-on kits and virtual reality in CTCP Shoe Fab Lab - 4 H
- Tips and Tricks related to the usage of all material- 4 H
- Exchange of experiences 3 H
- Evaluation of the course 1 H
- The LTTA can be treated as a course and defined under presuppositions of LO, ECVET and upon recommendations of the ECTs.





The activities involved in the preparation and realization of the LTTA were the following:

- to prepare the programme, bridge credits to educational system, assign quality indicators and prepare a memorandum of understanding between the partners.
- to assign trainers and teachers for the activity from all partners.
- to prepare conditions for the development of the activity in CTCP
- to assist the organization of the accommodation of the participants, as well assist internal mobilities to optimize their performance during the activity. Partners will arrive 1 day before the start of the activity and will leave one day after, in order to be totally dedicated to the learning and exchange process.
- to implement and assess the training according assigned indicators.
- to issued certificates.

In the next session, the program of the event designed specifically for the project is presented as an example of a program that copes with the requirements of the teachers within the project scope.





LTTA PROGRAMME

24-26 Jan 2023

São João da Madeira, Portugal

Venue: AEOJ, Av. Adelino Amaro da Costa 342, 3700-043 São João da Ma-

deira / CTCP, Rua de Fundões - Devesa Velha, 3700-121 S. João da Ma-

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Day 1 – 24th Jan - AEOJ	
9:00h	Welcome, introduction and documentation
	AEOJ
9:15	Icebreaking activity
	AEOJ/CTCP
10:15	Project framework
	Brief presentation of the project, objectives, activities, and results
	AEOJ/CTCP
10:45	Break
11:00	Visit to AEOJ school & visit to individual development area
13:10	Lunch
13:10 14:00	Lunch Workshop on new educational approaches - AR/VR - ByAR
13:10 14:00	LunchWorkshop on new educational approaches - AR/VR - ByARExtended Reality is taking an increasingly importance in education. It
13:10 14:00	LunchWorkshop on new educational approaches - AR/VR - ByARExtended Reality is taking an increasingly importance in education. Itbrings components from the digital world to the perception of yourself in
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13:10 14:00 15:00	 Lunch Workshop on new educational approaches - AR/VR - ByAR Extended Reality is taking an increasingly importance in education. It brings components from the digital world to the perception of yourself in the real world, integrating immersive sensations that are perceived as real. This workshop will immerse teachers in some curious environments and help them to familiarize themselves with the technology that will soon be part of their school. Visit to Footwear/Leather Goods Company in S. J. Madeira - Luis On-
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17:30h	End of day 1
	https://www.museu-do-calcado.pt/en
	ture of our industrial history.
	starting point for an unforgettable journey into the past, present, and fu-
	ners and companies. The Shoe Museum at S. João da Madeira is the
	tween local authorities, entrepreneurial and scientific/technology part-
	Madeira is a recognized good practice of the virtuous cooperation be-
	The project "Industrial Tourism" promoted by Municipality of S. João da

Day 2 – 25 th Jan - CTCP		
9:00	Practical activity at CTCP ShoeFabLab – Where crafts meet digital -	
	СТСР	
	An experimentation activity in a semi-industrial environment in which the	
	participants produce themselves, under the guidance of a coach, person-	
	alized small leather goods using traditional techniques allied to digital	
	technology.	
10:30	Break	
11:00	Practical activity in CTCP ShoeFabLab - continue	
12:00	Visit to CTCP premises	
13:00	Lunch	
14:00	Workshop on new challenges for Gen Z – Think Young	
	Generation Z has some of the youngest people in the world now. Born	
	and grown up at the peak of technological advancements, they are fully	
	awake, diverse, and shaped for adventures, and seem to have and easy	
	life.	
	This workshop will fill participants in the big challenges, in fact, Gen Zers need to face.	





15:00	Strategies for Improving "Students' Package" R1 – Demonstration /
	Test
	Building up activity to involve participants in the test, analysis, and im-
	provement of the ShoesYourLife VR App.
15:30	Visit to Collaborative Robotics Laboratory at CEI by Zipor
17:00	End of day 2

Day 3 – 26 th Jan - CTCP		
9:00	Workshop on Creativity & Innovation – CTCP	
	Creativity is the mirror of how inspiringly one can think about new solu-	
	tions for any given problem and it should walk alongside innovation which,	
	by its hand, relates to the application of those new ideas to create value.	
	In this workshop, these two concepts will be addressed. It will be an in-	
	spiring moment, starting by the consciousness of that everyone can be	
	creative and innovative driven educated, with the presentation of some	
	practical cases of success of companies that use creativity and innovation	
	in their strategies, and the bridge to the education world. How can educa-	
	tion benefit from the same approach?	
11:00	Break	
11.30	Workshop on sustainability and circular economy: how education can	
	help to reach Sustainable Development Goals – CTCP	
	Circular Economy basis on the reduction, reuse, recovery and recycling of	
	materials and energy replaces the end-of-life concept of the linear econ-	
	omy. Redesign of processes, products and new business models are cen-	
	tral in today industry. But it goes beyond the industry and we all can con-	
	tribute, incorporating circular economy principles into our daily lives.	
	And education? Where to start facing this challenge from? How can	
	teachers involve students in Sustainable Development Goals forward-	
	looking actions?	
13:00	Lunch	



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14:00	Workshop on i4.0 - CTCP
	14.0 revolution aims at interconnecting all systems and processes sup-
	ported on cyber-physical systems, the internet of things and the internet
	of services.
	It changed how people work, transforming repetitive tasks into collabora-
	tive work alongside robots, products being designed using modelling, vir-
	tualization and simulation supported by 3D printing advanced prototyping
	and/or augmented/virtual reality, among many other things.
	This workshop is a journey through a complete transformation of the in-
	dustry and the set of technologies that supports it with a view to new job
	creation based on STEAM qualifications.
15:00	Strategies for Improving Manual for teachers/trainers (R2)
	Building up activity to involve participants in the analysis and improvement
	of the Manual with orientations to teachers to adopt ShoesYourLife ap-
	proaches and results.
16:00	Final evaluation of the LTTA – Finding and lessons learnt
	All partners
17:00	End of the Training




Pictures of the activity:











Co-funded by the European Union



Certificate:







How did teachers find the event?

A **feed-back survey** was launched just after the event ends with the following characteristics and the results are the following.

https://forms.gle/4A4ZkQVTnfXqvELe8

SHOES YOUR LIFE - Learning/Training Activity for <u>Teachers - feed-back questionnaire</u> B I U C X Thank you for attending the learning/training activity for teachers in CTCP & AEOJ. Your feed-back is very important for us. Please provide feedback on this activity by completing this survey. Thank you very much for your time.
The topics of the training were relevant in the frame of the Shoes Your Life project Strongly agree Agree Neutral Disagree Strongly disagree
The topics of the training were clear and easy to follow Strongly agree Agree Neutral Disagree Strongly disagree





The length of training was adequate
Strongly agree
O Agree
Neutral
O Disagree
Strongly disagree
The organisation of the training was effective
Strongly agree
Agree
Neutral
O Disagree
O Strongly disagree
The training contributed to my professional improvement
Strongly agree
O Agree
Neutral
O Disagree
Strongly disagree





The training contributed to my personnal improvement
Strongly agree
○ Agree
O Neutral
O Disagree
Strongly disagree
The technical resources used (platforms, visual aids, fablabs, presentations) were adequate
Strongly agree
Agree
O Neutral
O Disagree
Strongly disagree
:::
The topics were presented in a clear and understandable manner
Strongly agree
○ Agree
Neutral
O Disagree
Strongly disagree





The trainers encouraged participation, interaction and answered questions clearly
Strongly agree
Agree
Neutral
O Disagree
Strongly disagree
The visits and interaction with stakeholders were proficuous
Strongly agree
○ Agree
O Neutral
O Disagree
Strongly disagree
The training meet my expectations
Strongly agree
○ Agree
O Neutral
O Disagree
Strongly disagree





The overall evaluation of the training is:	
O Very good	
O Good	
Satisfactory	
O Poor	
O Very poor	

What did you like the most about the training?

Texto de resposta longa

Which topics did you like the most?

Texto de resposta longa

Which topics would you cancel or substitute?

Texto de resposta longa

What suggestions or comments do you have for the improvement of the training?

Texto de resposta longa

What can be replicate in other similar training activities targeted to teachers and/or students?

Texto de resposta longa





The feed-back survey results are the following:



The topics of the training were relevant in the frame of the Shoes Your Life project 10 respostas









The training contributed to my professional improvement ^{10 respostas}



The training contributed to my personnal improvement 10 respostas







The technical resources used (platforms, visual aids, fablabs, presentations) were adequate 10 respostas



The topics were presented in a clear and understandable manner 10 respostas



The trainers encouraged participation, interaction and answered questions clearly 10 respostas









The visits and interaction with stakeholders were proficuous 10 respostas





What did you like the most about the training? 9 respostas
visits, workshops
The overall friendship.
Knowing other points of view.
The good organisation of the activities and the variety of topics we immersed ourselves in
Workshops
The different workshops
The organization, the content of the workshops, the topic
The topic , the content of the workshops, The workshop about circular economy
Creativity workshop

Which topics did you like the most? 9 respostas

AR, VR

Creativity workshop

Criativity and innovation

Virtual Reality and also the connection with the traditional sector of the region.

Digital, creativity and inovation, interation with all the participants

Creativity and innovation

I liked the workshops the most, especially the one about creativity and innovation It is extremely useful for my teaching activity

The workshop about circular economy and leather skills





Which topics would you cancel or substitute? 9 respostas
none
None.
Nothing, all the activities were really interesting
None
All were useful and interesting
None
Noone

What suggestions or comments do you have for the improvement of the training? 6 respostas

Very good!

We must do this more often

Maybe including some activities or simulations with students

None

Any

Was very well.





What can be replicate in other similar training activities targeted to teachers and/or students? 8 respostas

Nice question

real-world approaches and experiences

workshops

Creativity Workshop

All.

They were workshops suitable for the educational process, at least for high school, all contents can be replicated for both teachers and students

Everything

The content of the course can be easily integrated into the classroom and can be used both as training material for teachers and students.

VR workshops, creativity workshops, visits





Conclusions

The SYL "STEAM-based" Teachers' Package consists in a methodology verted into a guide dedicated to teachers to apply the STEAM-based educational package in all its components, to support them to use all its developed resources and to adapt themselves to the new educational methods namely virtual reality immersive contents apps, and combine them to elevate the potential of all the resources.

The new **Student-Centred Approach** emphasizes the student's active role in the learning process, encourages collaboration, critical thinking, and problem-solving, includes project-based learning and inquiry-based learning and adopt experiential learning, through constructive methods.

Virtual Reality (VR) is rapidly emerging as a transformative educational tool, often referred to as **"the new black"** in modern teaching methods, particularly for young learners. Therefore, a new generation of teachers trained through innovative models of training can significantly impact education by incorporating modern methodologies, technologies, and a learner-centred approach. This package was completed with an interchange event between the teachers to fine tune the results, within a Learning/Teaching/Training Activity which took place in Portugal. A 3 working days training/learning activity targeted to teachers and partners' organization staff was designed, developed and tested. The overall evaluation of the 3-days training event was very good, met all participants expectations, with interaction with stakeholders was fruitful and can be easily replicated in other contexts.





Annex 1 – Presentations used in the LTTA

ICEBREAKING







PROJECT OVERVIEW















GENERATION Z













SUSTAINABILITY & CIRCULAR ECONOMY













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iff	od water were a country. It would be the world's third largest producer of	And how can we, as consumers, chose more sustainable options?
Ab	out 30% of the world's food is wasted.	
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YOUR LIFE 5. Product as a Service	YOUR LIFE Circular Economy – 5 Business Models
Rolls Royce – manufacture of airplane turbines – started to sell flight hours Phillips – Lighting Service of the Schipol's Airport, Netherlands	 Circular Supplies Resource Recovery Product use Extension Sharing Plataforms Product as a Service
SHOIS: UFE Don't forget to ask	SHOTS UFFE
 Where does it come from? What happens after use? How is the product made? There are toxic materials? 	Examples? Ideas?
What could we change? The product could be a service?	Questions?
 What value does this product bring to me/to the people and the world? 	
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i4.0













A.	NEW CONCESSION ADDRESS OF TO STEAM UNK.	
SHOES YOUR LIFE	What developments are connected to i4.0?	SHOES YOUR LIFE What developments are connected to i4.0?
 Informa allow th aggrega compan Cyber-q monitori devices interacti often tra 	tion and communication technology: Digitalization and the widespread application of ICT integration of all systems throughout the supply and value chains and enables data dison on all levels, information is digitized and the corresponding systems inside and across less are integrated at all stages of both product creation and use lifecycles; stages and the systems of the system singerove the capability of corrolling and in physical processes, with the help of sensors, intelligent toolsts, drones, 3D printing in object-physical systems the physical components are suggespatied kito a retence of ng dements. While the initial inputs and final outputs are customarily physical, information responses between physical and digital states during manufacturing process;	 Network communication. All these devices, both within the manufacturing plant and across suppliers and distributors, are connected through different wireless and intermet technologies. Reliable high-quality communication networks are a crucial requirement industry 4.0 and therefore it is important to equand the Broadband himmeni infrastructure where needed. This high level of networking of interconnected components allows for a decentralized and self-organized operating of the oper-physical systems; Big data and cloud computing With the use of big data and cloud computing. The information refineed through these networks can be used to model, virtualize and simulate products and manufacturing processes;
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SHOES	What developments are connected to i4.0?	SHOES SHOES TRANSPORT
 Modelili of seam with dire Improve human augmen primary intrusive 	ng, virtualization and simulation: Simulation is a core functionality of systems by means less assistance along the entire life cycle, for example, by supporting operation and service ct linkage to operation date; ad tools for human-computer interaction and cooperation. To control these processes, end/or is supplied with state-of-the-ert ICT tools that make use of advancements in the treatily and intelligent robotics. The cycle-physical systems of Industry 4 d have the aim of assisting humans in their everyday jobs. The key features of such systems are non- mess, contexi-adaptiveness, personalized, location-based and mobility.	 In addition to the main terms described before, several way technologies are available for 4.6 Implementation: Cloud companying the managing all the data collected allowing real-time information processing, analysis and datary. Matchine Is matchine is the matchine is the addition of the several data and the entry of the several data and the entry. Advances the matchine is the matchine is the addition of the several data and the entry of the several data and the entry of the several data and the several data and the entry of the several data and the several data and the entry of the several data and the several
🤕 nattu.,	And Randburg 😗 Enterna Martine Contraction of Cont	Sentation in Standing in Stand
SHOES YOUR LIFE	Technologies and processes related to the i4.0 application	what consequences for the industry?
		All this advances bring new opportunities to the industry in the form of: Business models – smart discloses based on the intelligent use of the data available and to the element elicitory of a multi-divices apported (oper-sphise) systems. Value creation networks – industrial symbols for cooperation between manufacturers. Castonization – greater ability to respond to client demarks and product personalization. Equipment – discognis in explorent incorporating aspects of 14.0 with advanced human-machine cooperation interface. Workforce – new skills changing from a physical job to a functions related to equipment supervision or more creative tasks. Product and process – more efficient production with high quality standards.


































SHOES UFF	application	SHOES YOUR LIFE	we excertise weater to strainer. How i4.0 technologies can benefit the footwear inc	dustry?
In addition to the main items described before, several key technologies are available for 14.0 implementation: — Machine to machine communication for autonomous production allowing the use of advanced robotics; — Advanced human-machine interface for collaboration between human and machines in a sale and productive environment; — Data mining for the analysis of the large amount of data collected for advanced decision making based on real-time data and predictive analysis; — Enterprise resource planning (ERP) and business interconnected and controlled production making services and and controlled production cPS, lot and cloud computing.		Suppl trackin Produ safety Predia manuf is requ New b making Innova augme contac	y chain and warehouse management processes – real-time grd demand, order fulliment, manufacturing tow, returns, etc. 	
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CREATIVITY & INNOVATION

























Annex 2 – VR App Manual (copy)

















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